



U15 Girls Grey

(MSPSP – 2008)

2022-2023 Team Sheet

**NIKE
SOCCER**



Summer 2022

- Cap City Summer Camps – Optional – Additional Expense
- Scheduled down time for Cap City. Encouraged time with family and other sports.
- Late July/Early August – Optional Technical Training 2x per week

Fall 2022

- Early August – Cap City Club-Team Camp/Intra Club Friendlies
- August – PowerAde Invitational (Aug 22-23) or Reds Invitational (Aug. 29-30)
- August through Early November – MSPSP U15 Division
- August through October – MSYSA State Cup
- August through November – Team Training 2x per week for 75 minutes
- August through November – Technical Training Night + GK Training – 1x per week for 60 minutes
- November 15-17 – Indianapolis College Showcase
- Cap City Fall Community Service Project
- Cap City Fall Community Service Day with Lansing Down Syndrome Association

Winter 2022-2023

- Late November through December
 - December– Wixom Girls College Showcase
 - Training – 2x per week
 - Cap City Community Service – Holiday Giving
- January – February
 - Optional College Showcase Teams – Additional Expense
 - Training 2x per week
 - 11v11 League or Friendly Opportunities
 - February 22-24 – Ohio Elite Showcase
 - HS Girls Combined Training 2-3x per week
 - Scheduled down time for Cap City. Encouraged time with family and other sports.

Spring 2023

- Girls HS Soccer Season. If we have enough 8th graders on this team we will put together an option for the Spring season with Cap City. This option would be an additional fee.

Team Fee: \$1650. All families will have the option to pay in full or select a payment plan. Our payment plan is structured with an initial deposit and then 8 installments from August through March. Our fee is all inclusive to cover the above plan including all club/coaching fees, league/game/referee fees, tournament entry/coach travel, and training/program costs. The fee does not cover individual travel expenses and uniform costs. All players will need to purchase uniforms for the 2022-2023 season. Returning players will keep their number from last year. This is the first year of our current two-year uniform cycle.

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#ELEVATE